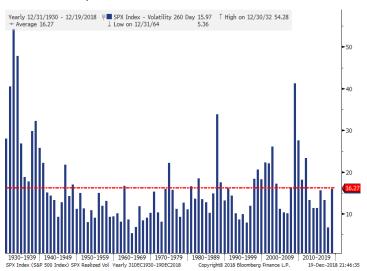
JANUARY 2ND, 2019

PUTTING 2018 IN HISTORICAL PERSPECTIVE AND HIGHLIGHTING A UNIQUE OPPORTUNITY

The recent decline in the stock market and associated increase in market volatility may be causing concern and prompting questions. This brief note puts the performance of the stock market in 2018 in proper historical context and explains the unique opportunity that the stock market's performance in the fourth quarter of 2018 may provide for associates of Glatfelter Insurance Group (GIG).

A frequently mentioned theme in much of our writing in 2018 was that 2017 was the type of year investors dream about, featuring incredibly high returns coupled with extremely low volatility. We will likely never see a year like 2017 again in our lifetimes — all return, no risk. 2018 has switched that polarity, seeing the market make strong moves up and down only to end up about where we started — all risk, no return. The chart to the right illustrates the contrast well. What a difference a year makes...



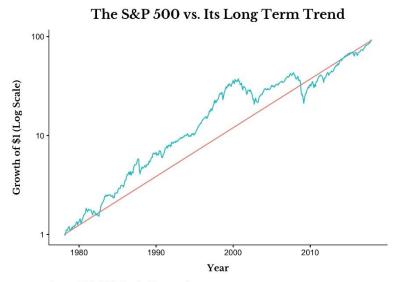


To put it in perspective, in 2017 the S&P 500 achieved over twice the average annual return over the past 30 years with about a third of the volatility. The realized volatility of the S&P 500 in 2018 is actually meaningfully below the long-run average — but it doesn't feel like it, does it? The reason why the volatility spike in 2018 feels so painful, despite the fact that volatility has been below the historical average, is due to a cognitive bias that we all are subject to: recency bias. Recency bias is the tendency to remember events that have happened recently more readily than those that happened further in the past and to project that

the recent past will continue into the future. Realized volatility on the S&P 500 hit a 50 year low in August of last year, and while 2017 was truly an anomaly, equity market volatility has been substantially below average since 2013. Thus, when volatility picked up in 2018, it feels more painful, even if the realized volatility level is still below

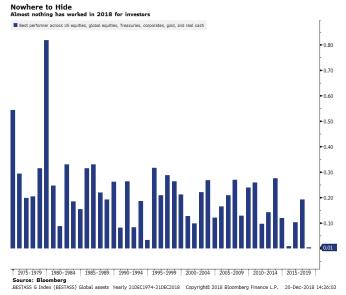
average. Recognizing this bias doesn't make the volatility markets have experienced this year any more palatable, but taking a step back and recognizing where we stand relative to history is worthwhile.

We also tend to view long term averages in our minds as linear events; when told that the stock market has achieved 12% nominal returns over a long history, in our minds we naturally picture this as an upward sloping curve that, while we know has historically had periods of steep decline, generally goes up gently and smoothly over time. The truth is, natural systems — and the stock market is one, often subject to wild swings in investor emotions — are violent and messy and volatile. In fact, this MUST be so. In order to achieve those higher long-term returns (returns that are much higher than a risk-free investment), the volatility has to exist. Put another way, because the



Source: DFA (OfDollarsAndData.com) Note: Includes dividends, but not adjusted for inflation. The S&P 500 compounded at an average rate of 11.99% annually over this period.

stock market is volatile by nature, it must offer investors superior long-term returns. Otherwise, long-term investors would simply buy risk-free assets that don't fluctuate and call it a day. Volatility is a feature of the stock market, not a bug.



Another feature of investment markets in 2018 that has the effect of amplifying the volatility this year (at least in our minds) is that *nothing* has had a good year. There was nowhere to hide. Typically, when the stock market experiences drawdowns, other parts of a properly diversified investment portfolio, like bonds, act as a cushion to help soften the blow. Not in 2018. 90% of asset classes have posted negative performance on the year and the best performing asset was just barely above 1%. That asset? Cash. The last time cash outperformed stocks and bonds in a calendar year was 1992. Going back to 1926, it has only occurred 10 times, and the vast majority of these years were during the halcyon days of the 1970s and

1980s. Only two times over that 92 year time period did cash have a positive return while both stocks and bonds posted negative returns in a calendar year. 2018 is on pace to be the third. You may find yourself asking why even be invested in the markets at all, given that you could have parked your portfolio in cash all year and had positive performance? The primary reason that would be imprudent in the long run is the data touted above; this is a rare

event. It's only happened twice before. In hindsight, cash would have outperformed in 2018, yes, but believing that anyone has the ability to predict which asset class is going to outperform over the next 12 months with any degree of consistency and certainty is belied by both market history and math. We hold diversified portfolios precisely because the future is uncertain.

Given all this, it bears reminding that the market is not the economy. Underlying fundamentals of the US economy remain strong, as do underlying equity market fundamentals. The stock market decline that occurred at the end of the year in 2018 presents a fortuitous opportunity for investors who missed the worst December stock market performance in history. The structure of the GIG transaction places GIG associates in just this position. While economic growth is expected to decelerate from the levels seen in 2018, GDP growth is not expected to go into negative territory. While the +3.5% growth levels we've experienced in 2018 are not expected to continue in 2019, the expected GDP growth rate of between 2-2.5% is above the potential growth rate and would represent an economy that was continuing to expand at a healthy pace. Expectations for S&P 500 earnings in 2019 are for growth of about 5%. Given the solid underlying economic fundamentals, the recent market decline presents a unique buying opportunity for those that have been on the sidelines and avoided the decline. With the current S&P 500 forward price/earnings ratio of 14.5 below the long-term average of 15.5, the decline has created an opportunity in the form of a much more reasonably valued stock market. While it is natural for investors to feel unease and nervousness during times such as these, they are best served by remembering to put the current state of the markets in the proper historical perspective and sticking to a long-term strategy. For those who have been spared from the current market decline, now may be an opportune time to begin building an equities position that will be a core pillar of a long-term financial plan.

Matthew T. Brennan, CFA
Portfolio Manager
Fulton Financial Advisors

Fulton Financial Advisors and Clermont Wealth Strategies operate through Fulton Bank, N.A. and other subsidiaries of Fulton Financial Corporation, including Fulton Insurance Services Group, Inc. The Advisors at Fulton Financial Advisors and Clermont Wealth Strategies offer a broad array of financial products and trust and retirement services some of which are provided through ValMark Securities, Inc., and/or Raymond James Financial Services, Inc., independent and unaffiliated registered broker/dealers, Members FINRA/SIPC; and/or Executive Insurance Agency, Inc., and/or Specific Solutions, Inc., unaffiliated licensed insurance agencies; Investment advisory services offered through Raymond James Financial Services Advisors, Inc. and/or ValMark Advisers, Inc., unaffiliated investment advisory firms registered with the SEC. Raymond James Financial Services, Inc. is not affiliated with Specific Solutions, Inc., Executive Insurance Agency, Inc., ValMark Securities, Inc., ValMark Advisers, Inc., Clermont Wealth Strategies, Fulton Financial Advisors, Fulton Bank, N.A., Fulton Financial Corporation or any of its subsidiaries. Neither ValMark Securities, Inc., Fulton Financial Advisors, Fulton Bank, N.A., Fulton Financial Corporation or any of its subsidiaries.

The information and material in this report is being provided for informational purposes only, and is not intended as an offer or solicitation for the purchase or sale of any financial instrument or to adopt a particular investment strategy.

Information has been obtained from sources believed to be reliable but Fulton Financial Advisors or its affiliates and/or subsidiaries (collectively "Fulton") do not warrant its completeness, timeliness or accuracy, except with respect to any disclosures relative to Fulton. The information contained herein is as of the date referenced above, and Fulton does not undertake any obligation to update such information. Fulton affiliates may issue reports or have opinions that are inconsistent with, or reach different conclusions from, this report.

All charts and graphs are shown for illustrative purposes only. Opinions, estimates, forecasts, and statements of financial market trends that are based on current market conditions constitute our judgment and are subject to change without notice.

Any opinions and recommendations expressed herein do not take into account an investor's financial circumstances, investment objectives or financial needs, and are not intended as advice regarding or recommendations of particular investments and/or trading strategies, including investments that reference a particular derivative index or other benchmark.

The investments described herein may be complex, involve significant risk and volatility, and may only be appropriate for highly sophisticated investors who are capable of understanding and assuming the risks involved. The investments discussed may fluctuate in price or value and could be adversely affected by changes in interest rates, exchange rates or other factors.

Past performance is not indicative of future results. The value or income associated with a security may fluctuate, and investors could lose their entire investment. Asset allocation and diversification do not assure or guarantee better performance, and cannot eliminate the risk of investment losses.

Investors must make their own decisions regarding any securities or financial instruments mentioned herein, and must not rely upon this report in evaluating the merits of investing in any instruments or pursuing investment strategies described herein. You should consult with your own advisors as to the suitability of such securities or other financial instruments for your particular circumstances. In no event shall Fulton be liable for any use by any party of, for any decision made or action taken by any party in reliance upon, or for any inaccuracies or errors in, or omissions from, the information contained herein.

Securities and Insurance products are not a deposit or other obligation of, or guaranteed by the bank or any affiliate of the bank; are not insured by the FDIC or any other state or federal government agency, the bank or an affiliate of the bank; and are subject to investment risk, including the possible loss of value.

Fulton makes no representations as to the legal, tax, credit, or accounting treatment of any transactions or strategies mentioned herein, or any other effects such transactions may have on investors. You should review any planned financial transactions that may have tax or legal implications with a tax or legal advisor.

Recipients of this report will not be treated as customers of Fulton by virtue of having received this report. No part of this report may be redistributed to others or replicated in any form without prior consent of Fulton.

